



# FOOD RECOVERY & DONATION MADE EASY IN THE ANDROSCOGGIN VALLEY



Food waste makes up more than 20 percent of our trash – over 38 million tons in the U.S. each year. What's worse – much of that food is edible and could feed people in need. In the Androscoggin Valley, over 15 percent of households struggle with food insecurity. When you donate food, you can help feed people in your community and you can save money.

## Why Donate Food?

- Helps families in need
- Reduces waste disposal costs since food is diverted from the landfill or compost facility
- Provides tax deductions for businesses that donate food to 501c3 non-profit organizations

## Preparing Donated Food

As you prepare a food donation, remember that it is for people to eat and needs to be handled accordingly. This includes following temperature and storage guidelines – these differ depending on the type of food. For example, prepared food needs to be labeled and kept in protective packages, covered containers, or wrappings without any rips, tears, bulges, or leaks. Guidance is available on the USDA Foodkeeper App: [www.foodsafety.gov/keep/foodkeeperapp/index.html](http://www.foodsafety.gov/keep/foodkeeperapp/index.html)



## Donors Are Protected from Liability

The *Bill Emerson Good Samaritan Food Donation Act* was passed by the U.S. Congress in 1996 and provides federal liability protection for the donation of food that was properly handled and stored before donation. Under this Act, as long as the donor has not acted with negligence or intentional misconduct, they are not liable for damage or illness.



## More Information:

- **EPA:** [www.epa.gov/sustainable-management-food/reduce-wasted-food-feeding-hungry-people](http://www.epa.gov/sustainable-management-food/reduce-wasted-food-feeding-hungry-people)
- **Harvard Food Law and Policy Clinic:** [www.chlpi.org/food-law-and-policy/about/](http://www.chlpi.org/food-law-and-policy/about/)
- **Good Shepherd Food Bank:** [www.gsfb.org](http://www.gsfb.org)
- **Maine Gleaning Network:** [www.maineleaningnetwork.org](http://www.maineleaningnetwork.org)

NEWMOA is an equal opportunity provider and employer.

**What Foods Can I Donate?** Many types of food can be donated, as shown in this summary of donation guidelines developed by Feeding America.

TYPE OF PRODUCT	HANDLING & STORAGE REQUIREMENTS	CODE DATE REQUIREMENTS
<b>Prepared meals</b> (e.g., large pans or individual portions of a cooked meal, soup, and baked goods)	Food can never have left the kitchen or have been served to the public. Thawed meals must be refrigerated at 41° F or below and frozen meals must be kept at 0° F or below	Frozen meals can be donated within 3 months of being frozen, thawed meals must be donated within 3 days, and baked goods within 3-5 days
<b>Packaged meats</b>	Meat must be frozen at 0° F or below	Must be frozen on or before the code date and donated within 3 months after the date it was frozen
<b>Perishable goods</b> (e.g., dairy and produce like fruits and vegetables)	Dairy and pre-cut produce need to be refrigerated at all times at 41° F or below. Whole produce should be stored in a cool, dry area	Produce must be in edible condition – no mold. Liquid dairy, (e.g., milk) must be donated before the date code. Other dairy products (e.g., cheese and yogurt) can be donated up to 7 days past the date code
<b>Non-perishable items</b> (e.g., canned/jarred goods, and packaged dry goods like crackers and cereal)	Stored in original containers off the floor	Must be donated within 30 days after the code date

Source: <http://dec.vermont.gov/waste-management/solid/materials-mgmt/food-donation/#Food-Donation-Guidance>

Note: If food looks or smells bad, is moldy, or has damaged packaging – do not donate it. Much of it can be composted – so don't throw it out. For composting questions, contact Mark King at ME DEP at (207) 592-0455 or check out NEWMOA's composting documents available at: [www.newmoa.org/solidwaste/projects/food/publications.cfm](http://www.newmoa.org/solidwaste/projects/food/publications.cfm).

**Local Donation Options:** (always call first to make sure they can accept what you have)

- Andover Food Pantry - (207) 357-3336
- High Street Congregational Food Pantry, Auburn – (207) 784-1306
- Police Activities League (Kid's Café), Auburn – (207) 333-6650
- Seventh Day Advent Food Pantry, Auburn – (207) 837-8635
- Bethel Food Bank - (207) 824-0369
- Buckfield Food Pantry - (207) 935-2333
- Canton Baptist Church Food Pantry - (207) 597-2236
- Dixfield Emergency Food Pantry - (207) 562-7470
- Greene Baptist Church Food Pantry – (207) 946-2121
- Hartford Community Church Food Bank - (207) 224-7621
- Leeds Food Pantry – (207) 524-7151
- Calvary UMC, Lewiston – (207) 782-3221
- Hope Haven, Lewiston – (207) 783-6086
- Pathway Vineyard Church Food Pantry, Lewiston – (207) 784-9500
- Root Cellar, Lewiston – (207) 782-3659
- Salvation Army, Lewiston – (207) 783-0801
- St. Mary's Food Pantry, Lewiston – (207) 513-3842
- Tree Street Youth Inc. (Kid's Café), Lewiston – (207) 577-6386
- Trinity Jubilee Center, Lewiston – (207) 782-5700
- Lisbon Area Christian Outreach – (207) 353-8019

- VCF Bread of Life Soup Kitchen & Food Pantry, Mechanic Falls – (207) 345-9501
- Gramps Luncheon, Mexico – (207) 364-7242
- Mexico Congregational Church/Grampa Pantry - (207) 418-4837
- Oxford Hills Food Pantry, Norway - (207) 388-2712
- Norway Community Lunch - (207) 743-2565
- Oxford Helping Hands Food Pantry - (207) 743-4095
- Oxford Seventh Day Adventist - (207) 890-9773
- Neighborly Niche Food Pantry, Paris - (207) 674-2507
- Peru Food Pantry - (207) 562-7167
- Poland Community – (207) 998-7118
- Community Baptist Church Food Pantry, Sabattus – (207) 375-4337
- Loaves & Fishes Sabattus – (207) 754-1229
- Congregational Church of East Sumner - (207) 562-7633
- Turner Food Bank – (207) 395-5256
- Woodstock Community Service - (207) 674-2566

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