

# TIPS FOR REUSING & RECYCLING BULKY WASTES

## ...IN THE CENTRAL VERMONT SOLID WASTE MANAGEMENT DISTRICT

The term “Bulky Waste” describes items such as mattresses and box springs, furniture, carpet, and large rigid plastic items. These are difficult to manage at their end of life because they are large and heavy. Dumping of these items is illegal. This handout includes options for properly managing bulky items you no longer need or want.

Check the A-Z list on the CVSWMD website to find out where to recycle or reuse a wide variety of items:  
[cvswmd.org/a-z-guide.html](http://cvswmd.org/a-z-guide.html)

### BENEFITS OF REUSING & RECYCLING BULKY ITEMS

Everyone benefits by:

- Saving money on landfill transportation & disposal costs
- Conserving energy & raw materials
- Returning products & materials back into the economy & fostering job creation
- Helping people who cannot afford to buy new

### REUSE

If the item is in good condition – donate it! Many charities and social programs accept good condition items for donation. You may also be able to donate or re-sell good quality used items directly through yard sales, or online exchanges.

#### LOCAL ONLINE EXCHANGES:

- Front Porch Forum – [frontporchforum.com](http://frontporchforum.com)
- Vermont Craigslist – [vermont.craigslist.org](http://vermont.craigslist.org)
- Washington County FreeCycle – [groups.freecycle.org/group/WashingtonCountyVT](http://groups.freecycle.org/group/WashingtonCountyVT)

Facebook has local & regional sale/giveaway groups (search for your town or county to see if one is available)

#### LOCAL REUSE OR DONATION CENTERS:

Donation is only appropriate for items in very good condition (clean with no rips, holes, or stains, and no broken or missing pieces). **Always call first to confirm** that the center can accept the specific item(s) you have:

- ReSource in Barre (no mattresses): (802) 477-7800; [resourcevt.org/restorebarre/donation-guidelines](http://resourcevt.org/restorebarre/donation-guidelines) (note: good quality mattresses are accepted at their Burlington location (802) 658-4143)
- Salvation Army in Barre (no mattresses): (802) 479-3458

### REFURBISH, REPURPOSE, REBUILD, & RENOVATE

Furniture that may not be suitable for donation or re-sale may be able to be repaired or restored. Look for DIY tutorials on the internet or find inspiration through community Facebook pages and Pinterest boards.

The best way to avoid having to deal with bulky wastes is to think before purchasing. Simply buy less. And when you do purchase, try to buy high-quality items that won't break easily.



Furniture Repurposing



CENTRAL VERMONT SOLID  
WASTE MANAGEMENT DISTRICT  
[CVSWMD.ORG](http://CVSWMD.ORG)

## MATTRESS DECONSTRUCTION

Over 50 percent of the weight of a mattress and box spring can be recycled! There are several do-it-yourself (DIY) videos on YouTube and other instructional guidance online – do a Google search. The estimated time for one person to dismantle a full size mattress is a half hour. A mattress/box spring consists of:

- Metal that can be recycled for free at the transfer station
- Wood that is clean and can be reused, chipped, burned, or added to the compost pile
- Fabric covering and foam/stuffing layers that need to be disposed of

**Consider deconstruction for upholstered furniture too!**

## PROPER MANAGEMENT BENEFITS EVERYONE – INCLUDING YOU

Many bulky items are made from or contain plastic, glue, fabric, and other components that are chemically-based. Burning them releases toxics into the air that you, your family, and your neighbors breathe. Toxins are also left on the ground where they can harm children and animals and pollute water resources. **Burning of all trash, including bulky items is illegal.** Be smart - don't do it!

## DISPOSAL

If the items have been stored improperly or are simply too old, torn, cracked, stained, or broken, they would not be suitable for reuse. Unfortunately, there are no local options for recycling furniture, mattresses, carpet, large rigid plastics, or other bulky wastes so they must be disposed. The exception is metal items that can be recycled at transfer stations for free.

## LOCAL BULKY WASTE DISPOSAL

FACILITY	FEES	LOCATION	CONTACT INFO.	HOURS OF OPERATION	OTHER INFORMATION
Wilson Depot	Fees vary by item	109 Pitman Road in Barre	(802) 775-7722; earthwastesystems.com/ contact/barre-vt/	Wednesdays & Saturdays 8:00 – 4:00	Open to residents of all towns
CV Transfer Station	Fees vary by item	418 US Route 2 in Montpelier	casella.com/dropoff/vt/ montpelier	Monday – Friday 7:30 – 3:45 Saturdays 8:00 – 2:00	Open to residents of all towns. The Montpelier Depot does not handle bulky items
Casella Bradford Transfer Station	Fees vary by item	314 Fairgrounds Road	casella.com/dropoff/vt/ bradford	Wednesdays & Saturdays 8:00 – 4:00	Open to residents of all towns
Hardwick Transfer Station	Fees vary by item	2141 Route 15	All Metals Recycling: (802) 472-5100	Monday – Friday 7:00 – 4:00 Saturdays 8:00 – 1:00	Open to residents of all towns
Fairlee Transfer Station	Fees vary by item	Dump Road off US Route 5 S	fairleevt.org/ transfer-station/	Saturdays 9:00 – 11:00	For Fairlee Residents Only
Town of Barre One Day Collection Event	Fee varies by vehicle size	Call or check website	barretown.org/ departments/solid_waste/ bulk_trash_collection.php	Second Saturday in May & Third Saturday in September	For Barre Town Residents Only

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