

# Save a Watt – Save a Lot

## *Conserve Energy & Prevent Pollution*

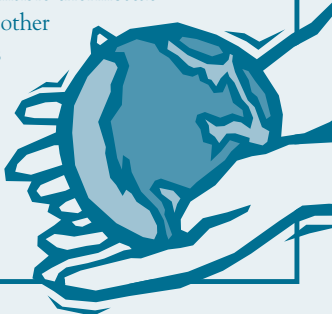
There are many ways to improve the energy efficiency of your home, office, business, and workplace. You can practice energy-saving habits, invest in energy-efficient technologies and products, and make basic home or business improvements. Here are some easy-to-do energy conservation tips that can save you money:

### **Energy Saving Habits**

- turn off lights when you leave a room
- use sunlight for light or heat whenever practical
- set hot water heater no higher than 120°F
- do laundry in cold or warm water
- keep your car tuned up and its tires properly inflated
- clean your furnace and air conditioner filters annually
- match pot size to burner size and keep the lid on
- install light sensors to darken unoccupied rooms

### **Simple Energy Saving Investments**

- insulate attic, exterior walls, and crawl spaces
- caulk between window/door frames and walls
- weatherstrip windows and doors
- add storm windows or use plastic film kits to improve single pane windows
- insulate hot water tanks
- plant trees to shelter your home/office building from the weather
- get an energy efficiency audit and financing to fund the upgrades
- look for and buy Energy Star certified products
- install a programmable thermostat
- use compact and other fluorescent lamps
- drive a fuel efficient car that gets 30 mpg or better



# Web Resources for Saving Energy

## **Home Energy**

<http://www.homeenergysaver.lbl.gov/>

## **Home Improvement Toolbox**

<http://www.epa.gov/hhiptool/>

## **How to Lower Your Heating Bills**

[http://www.eren.doe.gov/consumerinfo/energy\\_savers/winter/winter.html](http://www.eren.doe.gov/consumerinfo/energy_savers/winter/winter.html)

## **Alliance to Save Energy**

<http://www.ase.org>

## **Energy Star Information**

<http://www.energystar.gov>

## **Energy Efficiency & Renewable Energy Network (EREN)**

<http://www.eren.doe.gov>

## **American Council for an Energy-Efficient Economy**

<http://www.aceee.org/consumerguide/mostenef.htm>

## **Clean Air/Cool Planet**

<http://www.cleanair-coolplanet.org>

## **Green Car Group**

<http://www.greencars.com>

## **Center for New American Dream**

<http://www.newdream.org>

**N E W M O A**



129 Portland Street, Sixth Floor

Boston, MA 02114

(617)367-8558

<http://www.newmoa.org>

*Mention of any website should not be considered an endorsement of that website's products or services by NEWMOA, NEWMOA member states, or EPA.*